

Egen Klassifikation Scale - Version 3 (EK2)							
DATE / ID		EVALUATOR					
Test	Question	0	1	2	3	Comments	Score
EK1 Ability to use wheelchair	How do you get around? Do you ever use a manual wheelchair?	Able to use a manual wheelchair on flat ground for 10 metres or more	Able to use a manual wheelchair on flat ground but for less than 10 metres	Unable to use manual wheelchair, requires power wheelchair	Uses power wheelchair, but occasionally has difficulty steering		
EK2 Ability to transfer from wheelchair	How do you transfer from wheelchair to bed?	Able to transfer from wheelchair without help	Able to transfer independently from wheelchair, with use of aid	Needs assistance to transfer with or without additional aids (hoist <u>without needing head supported</u> , easy glide)	Needs to be lifted with <u>support of head</u> when transferring from wheelchair		
EK3 Ability to stand	Do you sometimes stand? How?	Able to stand briefly either independently or using arms for support or with support of a person OR Able to stand with <u>knees</u> supported, as when using braces	Able to stand with <u>knees and hips</u> supported, as when using standing aids	Able to stand with full body support - trunk-hips-knees	Unable to be stood		
EK4 Ability to balance in wheelchair	Can you bend forward/to the sides and return to upright position? <i>Movement must be in trunk and not just shoulders and head</i>	Able to push himself upright from complete forward flexion by pushing up with hands	Able to move the upper part of the body > 30° <u>in at least one direction</u> from the upright position, but cannot push himself upright as above	Able to move the upper part of the body < 30° from one side and back <u>in at least one direction</u>	Unable to change position of the upper part of the body, cannot sit without total support of the trunk and head		
EK5 Ability to move arms	How high can you lift arms and hands? <i>Be aware that movements are related to shoulder joint, elbow joint and wrist</i>	Able to raise at least one arm <u>above the head</u> Compensatory movements are allowed, but head must not be bent to reduce the distance.	Unable to lift the arms above the head, but able to raise the forearms against gravity <u>hand to mouth</u> with / without elbow support.	Unable to lift the forearms against gravity, but able to use the hands against gravity when the forearm is supported	Unable to move the hands against gravity but able to use the fingers		
EK6 Ability to use hands and arms for eating	Can you describe how you eat?	Able to eat and drink <u>without elbow</u> support	Eats or drinks <u>with elbow support</u> from armrest or table	Eats and drinks with elbow support and reinforcement of the opposite OR by supporting forearm over the edge of the table	Has to be fed		
EK7 Ability to turn in bed	How do you turn in bed during night? <i>If able to turn himself number of turns is not important</i>	Able to turn in bed with bedclothes. Number of turns is not important	Needs some help to turn in bed or can turn in some directions	Unable to turn himself in bed. Has to be turned 0 - 3 times during the night	Unable to turn himself in bed. Has to be turned ≥ 4 times during the night		
EK8 Ability to cough	How do you cough when you have to? <i>If the individual reports that he never coughs, evaluate according to cough sound and throat clearing</i>	Able to cough effectively	Weak cough but able to clear throat. <u>Sometimes</u> needs help with coughing.	Ineffective cough and unable to clear throat independently. <u>Always needs help with coughing and sometimes needs device.</u>	Unable to cough, needs suction, hyperventilation techniques or cough assist to keep airways clear		

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EK9 Ability to speak	Can you speak so powerfully that what you say can be heard in the back of a large room? <i>Regardless of the use of ventilation</i>	Powerful speech. Able to sing and speak loudly <i>The person might not be aware of a quiet voice; score what you hear</i>	Speaks normally, but cannot raise his voice	Speaks with quiet voice and needs a breath after 3 to 5 words	Speech is difficult to understand except to close relatives		
EK10 Respiratory Insufficiency	Do you sleep well at night? Do you have a headache in the morning?	No complaints – feel good	Poor quality of rest means they tire quickly and need to change position frequently.	Has morning headaches, loss of weight, loss of appetite, scared of falling asleep at night, sleeps badly	Experience additional symptoms: change of mood, stomach ache, palpitations, perspiring.		
EK 11 Daytime fatigue	Do you have to organise your day or take a rest to avoid getting too tired?	Doesn't get tired during day OR Tired, but does not limit activities	Need to limit activity to avoid getting too tired	Need to limit my activity and have a rest period to avoid getting too tired	Get tired during day even if I rest and limit activity		
EK 12 Head control	How much head support do you need in your wheelchair	Does not need head support	Needs head support when going up/ down a slope (15° standard ramp), but <u>does not need head support</u> when driving wheelchair on flat ground	Needs head support when driving wheelchair indoors and outdoors, but can sit without head support when the wheelchair isn't moving	Always needs head support when in wheelchair even when stationary		
EK 13 Ability to control joystick	What kind of joystick do you use to control your chair?	Uses a <u>standard joystick</u> without special adaptation	Uses an <u>adapted joystick</u> or has adjusted wheelchair in order to use joystick	Uses <u>other techniques for steering</u> than joystick such as blowing sucking systems or scanned driving	<u>Unable to operate wheelchair</u> . Needs another person to operate it		
EK 14 Food texture	Do you have to modify your food to eat it?	Eats all textures of food	Eats cut up / chunky food or avoids hard/chewy foods	Eats minced/ pureed food with supplementation as required	Main intake consists of being tube fed		
EK 15 Eating a meal	How long does it take to consume a whole meal compared to others? <i>This will vary from culture to culture. Use the time a usual meal takes</i>	Able to consume a whole meal in the same time as others sharing the meal	Able to consume a whole meal but needs some additional time (approx 10 min)	Able to consume a whole meal but requires substantially more time (15 minutes or more extra)	Unable to consume a whole meal Reduced portion size or assistance		
EK 16 Swallowing	Do you ever have problems swallowing? <i>This includes evaluating if the food is stuck in the throat / pharynx, not just if it has entered the airways</i>	Never has problems when swallowing and never chokes on food/drink,	May experience occasional (less than once a month) problems swallowing certain types of food or occasionally chokes	Has regular trouble swallowing food/drink or chokes on food/drink (more than once a month)	Has trouble swallowing saliva or secretions		
EK 17 Hand function	Can you do the following items using your hands?	Can unscrew the lid of a water of fizzy drink bottle and break the seal	Can unscrew the lid of a water bottle, when the seal has been broken OR Can write two lines or use computer keyboard	Can write signature or send text or use remote control	Cannot use hands.		
Higher score indicates lower ability. Highest score = 51						Total	