## Living with myasthenia gravis

Updates on psychosocial issues and training

Friday, 30 September – Saturday, 1 October 2022 Musholm, Denmark



Day 1, Friday, 30 September			
11.30-12.30		REGISTRATION AND LUNCH	
12.45-13.00	Opening		
	Henrik Ib Jørgensen, CEO, Muskelsvindfonden		
	Heidi Aagaard, Chief Medical Officer, RCFM		
13.00-13.45	Update on MG		
	Jan J.G.M. Verschuuren, Professor of Neurology, Head of Department of Neurology, Leiden University Medical Centre		
13.45-14.45		Myastenia Gravis and physical exercise	
	Training and exercise	Anna R. Punga, Professor of Clinical Neurophysiology, Upsala University	
		Physical activity in patients with MG – results from a Danish cohort	
		Linda K. Andersen, PT and PhD, Rigshospitalet	
	Questions		
14.45-15.15	BREAK		
15.15-15.35	Pregnancy and birth  Nils Erik Gilbus, Professor of Neurology, University of Borgen		
	Nils Erik Gilhus, Professor of Neurology, University of Bergen		
15.35-15.55	Juvenile Myastenia Gravis - prevalence and management		
	Trine Haug Popperud, MD, PhD, Oslo University Hospital		
15.55-16.05	Questions		
16.05-16.25	Fatigue in myasthenia gravis		
	Anna R. Punga, Professor of Clinical Neurophysiology, Upsala University		
16.25-16.45	Health-related quality of life in patients with MG		
	Marion Boldingh, MD, PhD, Oslo University Hospital		
16.45-16.55	Questions		

16.55-17.15	BREAK	
17.15-18.10	Comorbidities  Comorbidities  Outcome measures and gender differences in patients with MG  Jan Lykke Scheel Thomsen, MD, PhD  Psychological effects and risk of comorbidity  Henning Andersen, Professor of Neurology, Aarhus University	
	Questions	
18.10-18.20	Recapping	
18.20-19.00	BREAK	
19.00	DINNER	

## Day 2, Saturday, 1 October

7.00-8.15	BREAKFAST			
8.30-9.45	Involvement of patient in research Interaction between patients and professionals in clinical activities and research			
	Henning Andersen, Professor of Neurology, Aarhus University			
	Charlotte Handberg, Senior Researcher, PhD, RCFM, Associated Professor, Aarhus University			
	Liselotte Schirakow, MG patient			
	Thomas Holm Pedersen, NMD Pharma, Associated Professor, Aarhus University			
9.45-10.00	BREAK			
10.00-11.00	Young Scientists			
	Podium presentations			
11.00-11.20	Activities of daily living as indicator for disease progression and treatment effect			
	John Vissing, Professor of Neurology, Rigshospitalet, Copenhagen University			
11.20-11.55	MG and covid-19. Factors influencing the Covid-19 vaccine immune response			
	Marion Boldingh, MD, Oslo University			
11.55-12.10	The need for International MG-guidelines in diagnostic and care			
	Nils Erik Gilhus, Professor of Neurology, University of Bergen			
12.10-12.40	Panel debate			
	Participants from the previous sessions			
12.40-12.50	Closing and bridging to patients' seminar  Questions about the conference to			
	Henrik Ib Jørgensen, CEO of Muskelsvindfonden  Nicolai Pedersen:			
12.50-13.45	at: nipe@rcfm.dk			